

The Gettysburg Address was created by [Riley](#)

I was at the Nixon Presidential Library today, and I bought the Applewood Books copy of. The Gettysburg Address.

This is one of my favorite speeches. It is so elegant and simple. It reads as if it was written today, and it is such an inspiration to all Americans.

Maybe as Jedi, we can take some inspiration from it. The speech is about remembering the wars we've gone through, the foundational beliefs of our country, and appreciating the world we live in. It encourages progress. "It is for the living, rather, to be dedicated here to the unfinished work which they who fought here have thus far so nobly advanced." We are supposed to honor our history, our world, what people do for us, etc.

I think Lincoln was an example of a true Jedi, as he fought for civil liberties, and for our foundational beliefs of life, liberty, and the pursuit of happiness. I think this text is one of the most important to read, due to its simplicity, yet compelling message.

Kyber Crystals: A Concept was created by [Riley](#)

What is a Kyber Crystal?

A Kyber Crystal is a crystal in tune with The Force. It isn't just in tune with The Force. But it is in tune with YOUR Force. One can have multiple Kyber Crystals. It can be any crystal, one found in a rock, on the ground, in a store. It can be your birth stone, a stone on your wedding ring, or more.

How to find your Kyber Crystal?

There are many ways you can find your Kyber Crystal. You could go into a store and let The Force guide you to the crystal you are most drawn to. You could go to the park, and pick up a rock that calls to you. Or it could be given to you. There is no limit to how you can get the crystal, as long as it resonates with you and you feel drawn to it.

How to use your Kyber Crystal?

There are many ways in a Kyber Crystal can be used. What I would do is I would keep the crystal with myself. I would carry it around, so that it can bring protection. If I feel its energy dying, I will charge it in the moonlight, with incense, with prayer, with meditation, or with sound energy. It is best to have them on journeys or during a fight, as they will give you strength and safety. Maybe it is best to wear it on a necklace. On my Magen David necklace, I have a zirconia gem in the necklace, which could be seen as my Kyber Crystal. There are other ways this could work too, you just need to figure out how it will work for you.

So what's been going on? was created by Jason Garrett

Dear all,

I am a transitory Jedi. I am here, I am there, I am somewhere, but I never leave. I am the journey :-

(Description tailored to our path) *What is a spiritual journeyman?*

To shape and mold us more and more into understanding of Force.

We cultivate a daily life of living in the Spirit where we develop spiritual skills.

So what have I been doing.

Healing - This is ongoing. More physical than spiritual. Still recovering from my left hand fusion operation on my thumb - I now have a growth on each hands ring finger that they hope to dispel with and injection under ultrasound. If not then operate on. This is before they will operate on my right hand thumb joint for arthritis.

Growing:- I have been under guidance of a spiritual reader that told my months ago that I had issues with my root chakra being unbalanced. Now as of last week some 6 months later we met and she confirmed what I knew. Not only has it healed but the work I had been doing has raised my vibration to my 12th Chakra - the Earth Star. She said to keep working with the benefit of my guides towards my 15th Chakra.

Completing my 4th dimensional journey.

Learning:- I have moved from oracle tarot to standard tarot reading - using themed decks. Confirmed with my guides and spiritual teacher, I am ready. I have started to put feelers out to do readings at comic cons - using Star Trek, DC, Marvel, LOTR, DnD style decks.

I have begun to notice things far more clearly, vibrantly, with more serene beauty. Birds song, morning breeze, magnificence of the sun's rays.

Lionsgate this month was both amazing, draining, eye opening and oh so much more. Blessed with 2 supermoons - beautiful beyond words.

This is but a brief summary of my journey, what is yours?

May Peace and Light forever Shine on us all.

BOWS

Jason Garrett

Follower of the Light

Journeyman, Empath, Guardian and Protector

Ramblings following Meditation was created by [Jason Garrett](#)

In a meditation session this morning I wrote the following."As the world slowly recovers from the social, economic, and personal effects of 2020 / 2021 (COVID 19); I have personally noted a shift within myself. Talking with others in the spiritual community I have come to realise I AM NOT ALONE.During COVID humanity had to hit the pause button. Forced to a new way of keeping in touch. Person to person contact were restricted and everything done was through voice or video links. This in itself robbed everyone and those whom are sensitive to giving and receiving energy.When people started to come out of their shells in 2021 the wave of excitement and release was overwhelming to some.2022 felt like a reset switch. A computer reboot / upgrade if you will.So here we are in 2023. Reboot complete. New firmware and esoteric anti virus installed. The message has been received and accepted. So what do we do with this new program? Do we file it and carry making the same mistakes of the past. Or do we open it up and discover a new way to do things?Humanity must move on. Transition into a new age. To do this we need to break down the old blockages to our lives and forge a fresh path. It won't be easy. Those that are stuck in the past, blinded by fear or other negative effects. we should be there to help lead the way, but make our own journey ourselves. The door placed before us is ours alone for its ultimate destination is different for everyone.The challenges before us will not always be good, some will be bad, but we should prevail. Transforming ourselves and the world around us.So many people I have spoken with feel this, but until recently have been unable to ask for help. As more of us acknowledge

this we can come together to support, nurture, and accept we are part of something bigger.

Anything that is blocking your own way forward can be moved aside. Surrender them / they do not serve your higher purpose. By doing this you are empowering yourself. The negativity that weighs you down will be replaced with the positive energies you need. Learn to trust yourself. Your intuition, your gut, your heart. These are messages from your higher self, helping us to bring into our lives that which we need. Whether it is material or esoteric. Accept the fact that we may not get all the answers we wish for, at the time we want it, but when it is needed to be able to move forward."Message ends from that meditation session. Thank you for reading.

May Peace and Light forever Shine on us all.

BOWS

Jason Garrett

Follower of the Light

Journeyman, Empath, Guardian and Protector

Thoughts - Signs - Emergence was created by Jason Garrett

Greetings fellow followers of the Light.

Some 24 years ago I first walked these halls. They were busy. Full of life and rich in content. Like many my path took me away on a separate journey. That journey has had its share of fulfilment, troubles and to be honest pain. Mental and physical pain. Let me be clear, that statement was not placed to invoke sympathy. Sometimes we need to travel in places we did not intend or want for ourselves. But nevertheless that is where I went. I tried to come back on more than one occasion but the vibration has never felt right. There is a song / tv series from my youth "The littlest hobo" - A story of a dog, like Lassie that travelled. They came across a situation that required their help so they stayed. When the task was done they moved on. And so on.....

This is my journey. This is my path. However it became too much after a while. As a spiritual Empath I allowed in too much. Not shielding myself as well as I should have or indeed as well as I had been trained. So I shut down.

Now in the present I have received and continue to do so - guidance, from those I have connected with - both here and beyond. Slowly bringing me back. The tasks ahead are yet to be made clear. My role uncertain. But things are needed. Those of the light have been under a shadow for too long. It is time to break through and help those whom have held the light true and steadfast. It is time to rekindle, re-forge.

This is the call. The long dark night is drawing to a close. The day is dawning and we need to wake up.

May Peace and Light forever Shine on us all.

BOWS

Jason Garrett

Follower of the Light

Journeyman, Empath, Guardian and Protectorte

[A Light Aspect Technopagan Resource](#) was created by [Arden Wayfarer](#)

I wanted to share this website I just found looking for simple Esbat rituals. The site is very "love and light" so I decided to put it here in the Light Aspect forum instead of General. The site has a lot of other useful pages, but I thought these were the best ones for all of our Jedi pagans and witches, since it has more of a meditation focus and isn't all spells and deities.

[Wiccan Daily Devotional](#) : You can do this even if you're not Wiccan. I'm not Wiccan, and I made good use of it! It gives you a new set of correspondences and randomly generated Tarot card for each day.

[Virtual Altar for Witch Training](#) : This is a nice video format resource for anyone without tools or "in the broom closet." We've come a long way from pixel art candles on a black Geocities page.

[Guided Meditations](#) : What Jedi doesn't love meditating? Not all of these are 100% public (you need an account for some of them), but they're all free and fun to follow along with.

[Tonight's Moon Spell](#) : Takes all the guesswork out of doing a daily spell. Based on day of the week and moon phase. As an incense-lover, I like that it gives you incense options for each day.

My Aversion to "Jedi Master" was created by [Arisaig Winterthorn](#)

So, not take with Arisaig time... I do not like the title of Jedi Master.

Now I, myself, am only a Knight. And I am training towards Senior Knight... but dread the day that the title of Jedi Master is ascribed to me.

Why? Because of its implications as a name.

The Jedi Path is a long one. A lifelong one oftentimes. And, with current structures, the title of Jedi Master is seen quite often... and oftentimes it is self ascribed to those whom have started a new training Order, rather than being earned.

I know some of my aversion to the title is born from the fact so many people whom are very openly not Jedi (don't adhere to Jedi ideals, openly identify as trolls, or work actively to tear down the community or even singular members out of spite) hold that title. And, deep down, I don't want to share it with them.

But beyond that, the title of Jedi Master implies something. Mastery of Jedi.

And, to me... this is not a Path anyone can master.

So, really, I find the title little more than an ego boost, and may even encourage those that hold it to fall into the Pitfall of Stagnation. I know that is not the case across the board... but it is the case often enough.

So... my proposal? No more Jedi Masters. As is, most ranking structures within the Jedi community go as such:

Knight

Senior Knight

Jedi Master.

But... would it not make more sense to instead call Jedi Masters "Master Knights"? Instead of implying mastery of the Jedi Path, it shows experience as a Knight.

Just my thoughts. What do you think of such?

May the Force guide this discussion.

Knight of the Jedi Conclave, TotJO, and Order of Kyber
Jedi Battlemaster

(From Discord) was created by [Setanaoko](#)

Arisaig

“If you hang out with chickens, you're going to cluck and if you hang out with eagles, you're going to fly.” -- Steve Maraboli
Birds of a feather flock together, you become most like the people you hang with, et cetera et cetera. We all know the sayings. But, in practise, many people tend to frequent circles where they already feel masterful. They flock to those that compliment them and avoid those that push them. They keep an entourage of those that put them on a pedestal rather than those that make them earn it.

The master/apprentice relationship is one such relationship that must be carefully chosen. The master provides knowledge freely and constantly pushes the apprentice. They give them open and true feedback, as biting as it may be at times. The apprentice shouldn't just take it unquestioningly, but help them master learn a new point of view.

Together, they thrive. Rise in the Force.

May the Force continue to guide you.

Claire

I guess it depends. I'm at a point in my life where I really just need good support. The poking and challenging gets tiresome, many arguments lead nowhere. I tend to surround myself with positive people, I dont really have time for negativity or talking in circles.

I want to learn, but in a good environment/relationship

Being challenged to an extent is good.

But it should come from a place of equality, not the master dangling a carrot on a stick so to speak

And respect too

Naturally. Its not about arguments, its about learning. If someone is arguing with you, they're not trying to teach you. They're trying to prove a point. And that's not teaching.

My own master viewed me as his teacher many times. Its the difference between Sith and Jedi teachers, I find. The Sith aspect adheres to the doctrine of "One to hold the power, and the apprentice to desire it"... whereas the Jedi share knowledge freely and without expectation. Or, at least, should.

The Jedi way sounds good.

The Sith one sounds... I don't know if pretentious is the right word?

perhaps it is. 😊

But easily could just be just a different methodology. In the end, it comes down to the master and apprentice and how they 'gel' and how they learn. The best teaching method taught by a knowledgeable teacher means nothing if the student doesn't know how to learn.

Raven

Arisaig, I like the topic. Here are my thoughts from the teacher/guide/master side.

I live close to Rocky Mountain National Park. Of course in the park there are experts on the nature and wilderness there. The Park Rangers. They are friendly and give information freely to all visitors that come and ask. When you drive into the park with children the kids can get a packet to do as they go around the park. There are questions about animal tracks and definitions for animal droppings (scat) etc. So that the

kids have fun and learn about the natural world at the same time.

If the child shares their packet with a Ranger and answers some questions they get a Junior Ranger badge to take home.

Very few people who enter the park are interested in becoming Rangers themselves. They like to learn some information, connect with nature, and see wildlife.

I feel that the FA is very much like this. There are a few of us that are Rangers. Most people who come through these halls are interested in conversation and connecting with "the wild life", then there are a few that want to participate a bit and get their Ranger badge. Very, very few are in it to become Rangers themselves and make that deep commitment to training in the Jedi sense of Qui-gon and Obi-wan.

This is what I have to remind myself. I've made the mistake before in thinking that if someone comes through to the FA they want to be Rangers, and that's not really fair to anyone. :pray:

Anyway, that's my crazy perspective on your quote. :upside_down:

"If you hang out with chickens, you're going to cluck and if you hang out with eagles, you're going to fly." -- Steve Maraboli

Healing and the Force (From Discord) was created by
Setanaoko

Arisaig

Healing and the Force.

The Dark Side is a Path of pain, suffering, and loss. I've said it for a long time now, and I'll say it again now. All the fictional Sith could've been defeated by understanding.

The fictional sith gain their red sabers by pouring that pain and suffering into their crystal, making it bleed. It reflects their inner pain.

But white crystals are those same bleeding crystals healed again through the Force. Its a lesson in second chances, and that no soul is too far gone.

How has the Force healed you?

May the Force continue to guide you.

Claire

This is a good question, I am not sure how I can answer it.

Hm, maybe being true to me? Accepting being trans, accepting being autistic, getting through the day to day when I just want to curl up in a corner and rock myself to sleep. I don't give up, as bad as I have wanted to at times. Sometimes I think of the Force as a little spark of light inside me that refuses to die out, and that is inspiring and has helped me pull thru some dark thoughts.

Also, a bit unrelated, but in my autism support group, a man shared some inspirational messages. His idea of being a hero was making others smile and supporting others when they needed help, these are heroic actions to him. I found it very endearing and a nice way of looking at it.

These are some of the most important things a Jedi can do, I think.

Musashi's "Do or Do Not, there is No Try" (From Discord) was created by [Setanaoko](#)

Arisaig

“The primary thing when you take a sword in your hands is your intention to cut the enemy, whatever the means. Whenever you parry, hit, spring, strike or touch the enemy's cutting sword, you must cut the enemy in the same movement. It is essential to attain this. If you think only of hitting, springing, striking or touching the enemy, you will not be able actually to cut him.” -- Miyamoto Musashi

Basically a longer version of our timeless "Do or do not, there is no try". If you're going to do something, do it to the best of your abilities. Accomplish the task. Complete the training.

If you want to go places, you're gonna have to do more 'do'-ing rather than trying.

May the Force continue to guide you.

[Sotunus](#)

Musing upon the philosophy of Musashi, aside from the fact he was a rather unsuccessful anti-social individual even in an age where murder could be a path to success, whose notoriety comes from a series of popular fiction written about him during the Meiji era, perhaps "In all forms of strategy, it is necessary to maintain the combat stance in everyday life and to make your everyday stance your combat stance." is worth considering.

One should approach everything with the seriousness of combat, and consider the implications of life and death: we may not die, but the quality of our life and that of others is

affected by our day to day. Life is not diminished by one bad day but by many bad days - the little deaths that come with time and without welcome.

We should approach all things with the right posture, and when we do not, that is when we fail.

Speaking of do or do not, I have always taught it as an aphorism for getting over the idea of "Trying is enough" and to accept the reality you will succeed or you will fail. You should aim to succeed, and if you fail to accept it and learn from it. Trying is the incidental part, but preparation, willingness, and tenacity are what you can work on.

Everyday we always trying. Some times we do, some times we don't.

Claire

I read one of the versions of Book of Five Rings. I wasn't all that impressed. All I remember from it is "You must kill the enemy." Haha.

I get kind of tired of the do/try thing. I think it worked great as a device in the movie. I use the word try and don't have any qualms about it. Either way we can fail, even if we "do" really hard.

The Eyes' Deception (from Discord) was created by
Setanaoko

Arisaig

'Your eyes can deceive you, don't trust them.' -- Obi-Wan Kenobi

A lesson drilled into the fictional Jedi from a young age. Of course this doesn't mean to ignore what your eyes see, but instead to not trust things done at face value.

One must learn to separate ego from action. What is being done, without context? Then, what is being done, with context. Then, in knowledge, how should one take this knowledge and act upon it?

Don't trust your eyes alone. Instead utilize all of your abilities, rather than shut some off in favour of our most readily available ability.

May the Force continue to guide you.

Claire

The eyes only give us the surface view, there is much going on underneath that we need to figure out before jumping to conclusions.

Sotunus

“Looking and seeing are two different things. What matters is the relationship with the subject.”

— Christophe Agou

Michael

Sotunus Should we cover phenomenology?

I thought it was implied in the teachings on objectivity, but perhaps a formal study of the principles of phenomenology would be wise

Segue dialectics in there

It would be a disservice to the topic if dialectic weren't discussed

I'm currently feeling the dialectical pretty hard, as both a DBT specialist and a D&D therapist

The dialectic model's inherent problem is it does allow for a tolerance for contradictions

Which, in a therapeutic setting can make it difficult to challenge certain beliefs and behaviors.

I'd argue that the point of dialectics is suggesting that things aren't contradictory

It is about refinement of thought

This is where the legacy of Dialectics and CBT do come into conflict during the therapeutic process

Challenging and Acceptance can, if one is not careful during the process, create moments of irreconcilable contradictions

Its hard to know where one should be employed over the other - especially in cases of learned helplessness

Although, I can't help but wonder if there's room to suggest for, not a "learned helplessness" but for an "environmental helplessness" - folks who were never given a chance to experience help

Trust then discuss: the strength of challenging skill relies on the trust of the client, and the knowledge of the therapist. No point getting into the thrust of the discussion if you lack the trust you are coming from a place of their best interests. Linehan's most important observation is that many patients she worked with who were at high risk, suicidal and self-harming, did grow up in invalidating environments.

Incredibly.

Incidentally, the biosocial model is perfectly exemplified by Anakin Skywalker.

Yes, but the narratives of Star Wars are quite dense and diverse

Ignoring the mass murder and space wizardry

Deconstruction of Fatherhood, Models of Heroes, and the transience and fragility of political models

Hes an emotionally sensitive kid thrust into an incredibly invalidating environment at a pivotal point in his development

Yes, a Slave taken from his sole emotional support network, faced with the trauma of significant losses early in life, and given inappropriate support given his profile

Its almost like an ivory tower is no place to raise a boy.

Exceptions to rules do not demonstrate global flaws, only specific flaws

In this case that the Jedi lacked any structure of social science designed to confront its outlying members

Otherwise, the system worked pretty well for a long, long time in context.

In some regards, the Jedi Order was the best home for a someone with Anakin's potential, but it was also the worst home in that it lacked those with the knowledge to confront his unique issues

When regarding the Fictional Jedi we should always be mindful they lived in a world of Blue and Orange morality, where the Force was a real and present divine power.

That the dark side was an external presence that could have a profound effect on people. Which, we can treat as a metaphor for how our environment shapes us, or perhaps for the misuse of certain substances. Nothing in the real world that really has the means to turn a person into a moral nihilist through exposure though.

Anakin's tale by the point of Episode Three is pretty much Faust for the post-modern world

Up until then though, I have to agree he fits the Biosocial model as an example in fiction

Pitfall of Stagnation (from Discord) was created by Setanaoko

Arisaig

“Every success story is a tale of constant adaption, revision, and change.” — Richard Branson

Or, in the words of Bruce Lee, "Absorb what is useful, reject what is useless, add what is essentially your own."

Claire

A key aspect of the Jedi Path is avoiding the Pitfall of Stagnation. We push ever forward, at least on a personal level, to adapt and revise ourselves, to become better than whom we were at all times. How do you push yourself forward? May the Force continue to guide you.

I push myself by continuing to work on my mental health and staying active in the communities. I am trying to establish a daily routine where I meditate or think about Jedi. I try to inform what I am learning with my own experiences and ways of looking at it. If I am not understanding something I ask for help.

Also I think sticking to my meditation routine and doing something physical each day would be a way to push myself. (Physical part inspired by the lightsaber vid you just posted)

Sotunus

I stay mindful that our concept of personal progress is one we induce from personal perspective, and that on times it can be horribly skewed by our biases. That I am fundamentally human, and my performance varies from day to day based on

my condition on the day. Thus, I practice patience with myself regarding failure. I try to take a fair view to my own daily accomplishments and successes on their own merit. I let the incidental go, and focus on the purposeful.

If a path to progress in one way is blocked by something, I seek another path to progress I can work on. Staying flexible, pragmatic, but always looking to learn. Rest when one needs rest is a progress of sort, for it allows you to refocus the mind and renew yourself for the tasks to come. As long as there is effort, there will be some manner of success. Strive to take two steps forward each time I step forward, to account for any time I need to step back.

In practical terms - set myself daily goals I can work towards. Maintain a disciplined routine and habit.

A Guardian Program was created by [Setanaoko](#)

Good Timezone! 😊

Thought I'd let you all know about the next massive education project I've started working on. Not just me though- for those that know any of them: Ross Greenberg, Akela, Justin Gates and Stacy. I'm going to rope in Sotunus soon enough 😊.

Yesterday we started a text conversation that has turned into a fantastic conversation. Some of the topics we've talked about covering (though are not sure which will become the 3 core classes, and we might even end up with a few more!):

- Art of War
- Geneva & Hague
- Deeper Study of the Universal Declaration of Human Rights (which, if you're taking the Bachelor's Program, gets some attention in "In the Interest of Peace")
- Use of Force Continuum
- Verbal Judo
- Meditations on Violence: A Comparison of Martial Arts Training & Real World Violence by Rory Miller
- Bill of Rights & Constitution (which would provide a framework curriculum to build for the European Charter of Human Rights, and other equivalents as needed) *this would end up being one of the electives.
- Ethical Frameworks for Decision Making (which may or may not get lumped into one of the core courses)

Gather at the River

Setanaoko Oceana
Director of Education



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Action Moderate

-
-

Hayley S. Oliver



5 years 4 hours ago [#294](#)

Replied by Hayley S. Oliver on topic [A Guardian Program](#)

This sounds so exciting! Thank you for all you do!

Mysticism and Activism was created by Bhalu

I received this from Sojourners in an email today. I thought it was important to immortalize it here so I can return to it again. I would like to read this book, as a Mystic myself.

Dorothee Soelle, The Silent Cry: Mysticism and Resistance, trans. Barbara and Martin Rumscheldt (Fortress Press: 2001), 293.

Identify the Defense Arts: Black America Since MLK was created by [Setanaoko](#)

Other than being an amazing docuseries, where you can learn a great deal about the Civil Rights Movement and beyond, there are a lot of really great examples of Defense Arts explained in this series. Some are more in line with the Jedi Path, and others- not so much. Hopefully, this shows up for you if you're in another country. Being able to watch it for free expires on 9/07/2020. If you have Amazon Prime, you should be able to find this (in 4 parts) there. 😊

www.pbs.org/show/black-america-mlk-and-still-i-rise/

So here's the optional exercise: List as many Defense Arts as you see here, and pick one or two to talk about how you see them as aligning with the Jedi Compass or how it doesn't. 😊

Knowing the Laws was created by [Setanaoko](#)

In the course "In the Interest of Peace", students are asked to look into 2 different local laws. One of which is Citizen's Arrest.

For many of you, it may seem like a silly thing to consider. I mean, it's not like someone claiming to be a Jedi would go all gung-ho and try to make a Citizen's Arrest, right? The assignment, I'm afraid, wasn't born in a vacuum. It was inspired by people that came into our community and were members of another community: the Super Hero Community. Through that, we discovered that there were a lot of people who had misunderstandings about the law. And it didn't take long for us to realize that the lack of knowledge of these kinds of laws (Good Samaritan, even Self-Defense and Assault laws) made it difficult to address topics of social justice. Today, America is facing a similar problem: The Ahmaud Arbery Case.

Other than informing what you can and cannot do within the confines of the law, knowing how the laws shape the conversation is of vital importance for 2 reasons:

- 1) It informs us of how those responsible for ruling on the matter should be looking at the facts of the case. If you're in a country that may ask you to be a juror, having some basic understanding of how to read and understand basic laws can open the door for times you may need to rule on more complicated cases.
- 2) It informs your social justice policies. Knowing what laws favor you, and which ones you may need to challenge is important for any long-term social justice campaign.

To that end, I want to share with you a video. Whether you like Colin Noir or not, he does a really good job of breaking down how the law favors Ahmaud Arbery in this video and gives you a good break down of how to read some basic laws.

